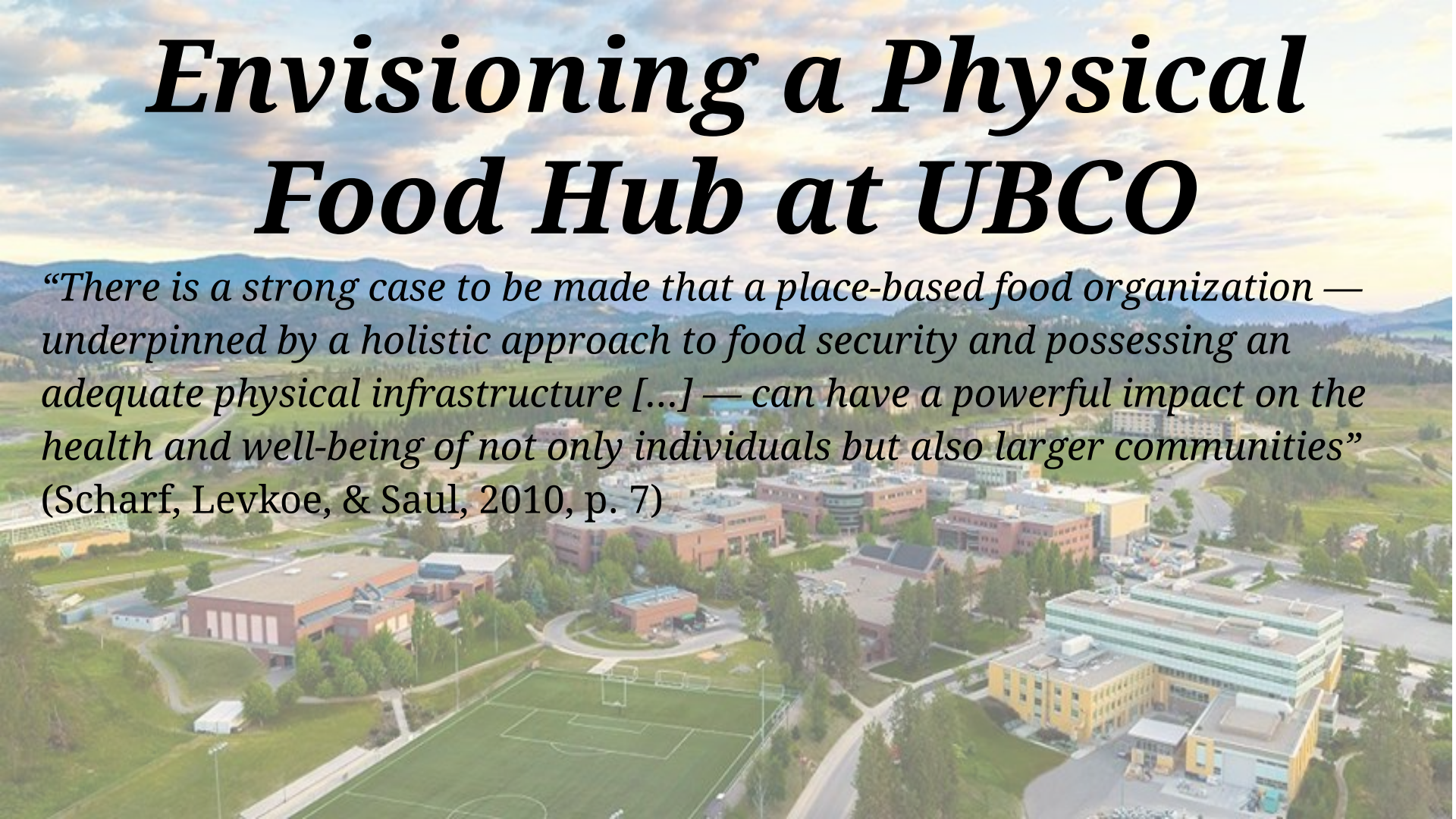


# ***Envisioning a Physical Food Hub at UBCO***

*“There is a strong case to be made that a place-based food organization — underpinned by a holistic approach to food security and possessing an adequate physical infrastructure [...] — can have a powerful impact on the health and well-being of not only individuals but also larger communities” (Scharf, Levkoe, & Saul, 2010, p. 7)*



*42.3%*





# The Physical Food Hub

- *Community space*
- *Health and wellbeing*
- *Healthy affordable food*
- *Social connection*
- *Food skills*
- *Sustainability*
- *Food systems research, advocacy, policy*

# Process & Methodology

- *Sustainability Scholars Program & Campus Health*
- *Literature Review*
- *Environmental Scan*
  - *8 Universities*
  - *5 Community*
  - *12 Online*
- *UBCO Community Consultations (23)*
- *Final Report & Recommendations*
- *Strategic Planning*
  - *Inclusion Action Plan*
  - *Wellbeing Strategic Framework*
  - *Indigenous Strategic Plan*
  - *Climate Action Plan (in process)*



# Environmental Scan

- Simon Fraser University
- Mount Royal University
- McGill University
- Lakehead University
- Ryerson University
- Trent University
- Concordia University
- UBC Vancouver
- Meal Exchange
- Community Food Centres of Canada

# What are other campuses doing?

- *Good food boxes and markets*
- *Food rescue programs*
- *Food and finance workshops*
- *Food security conferences*
- *Food systems orientation week*
- *Food security research*
- *Cooperative cafes and restaurants*
- *Alternative models of grocery shopping*
- *Campus Farms*
- *Campus gardens*
- *Food-skills classes*
- *Community kitchens*
- *Food Banks*
- *Free meals*



# UBCO Consultations:

- Students (undergraduate, graduate, alumni)
- Department of Health and Exercise Science
- Faculty of Management
- International Programs and Services
- Disability Resource Centre
- Sexual Violence and Prevention Response Office
- Health and Wellness
- Equity and Inclusion Office
- Student Experience Office
- UBCO Food Strategy Committee
- Institute of Community Engaged Research
- Aboriginal Programs and Services
- Facilities Management
- Sustainability Office
- Campus Community and Planning
- Development and Alumni Engagement
- Alma Mater Society, UBCV
- Library Services

# Food Security

## *Physical Food Hub*

```
graph TD; A[Food Security Physical Food Hub] --> B[Indoor Physical Space]; A --> C[Outdoor Component]; D[Accessible, Inclusive, Sustainable Design, Welcoming, "A place to be"]
```

### Indoor Physical Space

- Kitchen
- Multiple cooking stations
- Walk-in refrigerator and freezer
- Seating area
- Communal tables
- Artwork and quotes on the walls
- Private, bookable rooms
- Office space
- Window garden boxes
- Windows

### Outdoor Component

- Community gardens
- Farm
- Edible landscaping
- Rooftop garden/farm
- Seating areas
- Outdoor classroom
- Seating areas
- Compost centre

Accessible, Inclusive, Sustainable Design, Welcoming, *"A place to be"*



# Food Security

## *Physical Food Hub*

```
graph TD; A[Food Security  
Physical Food Hub] --> B[Household Food Insecurity]; A --> C[Capacity]; A --> D[Food Systems]; E[Students: Campus Clubs, Work/Study, Practicums, Co-op, Course Research  
Staff: Programming, Meetings, Staff Wellbeing  
Faculty: Research, Funding, Programs, Education  
Other: Campus Events, Community Partnerships, Intercampus Collaboration];
```

### Household Food Insecurity

- Free Meals
- Food Rescue
- Edible Landscaping
- Provisioned Kitchen
- Open 24 hours
- Food Bank

### Capacity

- Food Skills
- Workshops
- Meal-Prep
- Nutritionist/Dietitian Office Hours
- Recipe Exchange
- Kitchen-Tools Library
- Community Kitchen
- Gardening

### Food Systems

- Research
- Advocacy
- Policy
- Collaboration with Faculty
- Sustainability
- Reconciliation
- Permaculture Design

**Students:** Campus Clubs, Work/Study, Practicums, Co-op, Course Research

**Staff:** Programming, Meetings, Staff Wellbeing

**Faculty:** Research, Funding, Programs, Education

**Other:** Campus Events, Community Partnerships, Intercampus Collaboration

# Priority Areas

- **Governance**
- **Funding**
- **Physical Space**
- Partnerships (internal, external)
- Programs & Services
- Food Procurement
- Student Involvement
- Faculty Involvement
- Advocacy
- Decolonization
- Sustainability
- Accessibility
- Equity
- Inclusion



# Anti-Oppression, Anti-Racism & Decolonization

- Ongoing input from a diverse group of campus and community stakeholders
- Advisory board with diverse representation
- Diverse representation in staff and volunteers
- Partnerships with student cultural clubs, cultural and religious communities in Kelowna
- Recognize origins of foods, recipes, ingredients, utensils being used at the physical food hub
- Freezer space for country foods
- Availability of various utensils, spices, ingredients
- Availability of information regarding where to shop for specific cultural/religious/geographical foods in Kelowna

## **Recommendations: Next Steps**

1. The formation of a multi-stakeholder committee for the planning and development of a physical food hub at UBCO. The committee is to include students, staff, and faculty.
2. Committee to determine high-level governance structure
  - a. Associate Vice President Students portfolio
  - b. Staffing is essential
  - c. Physical space and funding
3. The development and construction of the physical food hub must be prioritized (indoor and outdoor components)





# Thank you!

*“The current moment of collective anxiety and vulnerability give[s] us a chance to talk about **a different kind of society that values people and the planet** ahead of profit and the commodification of virtually everything in our lives” (Food Secure Canada, 2020)*